

# Menu



# Week 1

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
LUNCH	Chicken & potato pie with mixed vegetables	Pasta, tuna bake topped with cheese	Fried rice with mixed vegetables	Spaghetti Bolognese	Courgette, chicken served with rice
PUDDING	Seasonal fruit salad	Homemade strawberry cheesecake	Natural yoghurt	Sliced banana served with custard	Homemade shortbread biscuits
TEA	Homemade mushroom quiche	Mixed vegetables and noodle stir-fry	Breaded chicken strips with sweet & sour sauce. Served with carrot & cucumber sticks	Cheesy potatoes and cauliflower	Creamy tomato soup served with bread

### 7:30 - 8:30am | Breakfast:

A selection of cereals and toast, served with a glass of milk or water to drink.

### 10am | AM Snack:

Selection of fresh fruit

### 2:30pm | PM Snack:

A variety of snacks will be served: Selection of vegetable stick with hummus, or bread-stick or rice cake served with full fat cow milk/oat milk/ water to drink.

# Menu



# Week 2

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
LUNCH	Fairyland chicken & vegetable stir-fry	Cottage pie served with steamed broccoli and green beans	Spaghetti Carbonara with chicken	Creamy salmon & pasta served with mixture of vegetables	"Xiu Mai" Vietnamese style meatballs, served with rice
PUDDING	Homemade lemon cheesecake	Natural yoghurt	Apple crumble served with custard	Mixed fruit jelly	Seasonal fruit salad
TEA	Toasted bread with mozzarella and cherry tomatoes	Mushroom, spinach & cheese quiche	Mixed vegetable bake	Fairyland bread topped with cheese and herbs	Creamy potato and leek soup

### 7:30 - 8:30am | Breakfast:

A selection of cereals and toast, served with a glass of milk or water to drink.

### 10am | AM Snack:

Selection of fresh fruit

### 2:30pm | PM Snack:

A variety of snacks will be served: Selection of vegetable stick with hummus, or bread-stick or rice cake served with full fat cow milk/oat milk/ water to drink.

# Menu



# Week 3

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
LUNCH	Vietnamese style chicken curry	Lasagna served with garlic bread	Salmon potato pie with mixed vegetables	Sausage casserole, served with rice	Chicken, mixed vegetables served with farfalle pasta
PUDDING	Natural Yoghurt	Lemon sponge cake	Natural Yoghurt	Mixed fruit salad	Banana and custard
TEA	Cheese and tomato quiche	Cheesy cauliflower and potato	Tomato pasta with peppers, mushroom & cheese	Fairlyland bread with cheese	Creamy potato and leek soup

### 7:30 - 8:30am | Breakfast:

A selection of cereals and toast, served with a glass of milk or water to drink.

### 10am | AM Snack:

Selection of fresh fruit

### 2:30pm | PM Snack:

A variety of snacks will be served: Selection of vegetable stick with hummus, or bread-stick or rice cake served with full fat cow milk/oat milk/ water to drink.

# Menu



# Week 4

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
LUNCH	Chilli con carne served with rice	Chicken casserole served with rice	Lamb ragu served with pasta	Fairyland creamy cod served with mashed potato and mixed vegetables	Stir-fry chicken noodle and vegetables
PUDDING	Natural Yoghurt	Short bread biscuit	Mixed fruit salad	Banana and custard	Strawberry sponge cake
TEA	Creamy tomato soup, served with bread	Mixed vegetable noodle stir-fry	Cheesy tuna melt	Chicken sausage rolls	Mushroom, spinach & cheese quiche

### 7:30 - 8:30am | Breakfast:

A selection of cereals and toast, served with a glass of milk or water to drink.

### 10am | AM Snack:

Selection of fresh fruit

### 2:30pm | PM Snack:

A variety of snacks will be served: Selection of vegetable stick with hummus, or bread-stick or rice cake served with full fat cow milk/oat milk/ water to drink.